

English-Scottish Ball Program 2026

Grand March
Freeford Gardens
Minor Spaniard
Candles in the Dark
Joie de Vivre
Miss Milligan's Strathspey
Flowers of Edinburgh
[Contra]
Waltz

****TEA****

Barbarini's Tambourine
Homecoming
Peace Be With You
Roaring Jelly
Balmoral Strathspey
The Reel of The Royal Scots
Waltz

ROUGH INSTRUCTIONS

(to be tuned-up soon -- check link below for updates)

<https://esball2026.org/>

Freeford Gardens

<https://www.youtube.com/watch?v=C6fvVGnG1RM>

Longways duple minor 2/4 G Kathryn and David Wright,
A1&2 All set R & L to partners, turn single, cross passing R
shoulders and loop L to face partner (All improper). Repeat to places.

B1 1s half figure 8 down through 2s. 2s half figure 8 up through 1s.

B2 Circle halfway round and fall back on the sides. Turn partner 2
hands.

The Minor Spaniard

<https://www.youtube.com/watch?v=CmV3e274Sgk>

Duple longways 6/8 Em Jenny Beer, 2000

- A1 1-4 1st corners set and turn single.
5-8 1st lark "defect" and turn two hands with partner.
- A2 1-4 2nd corners set and turn single.
5-8 2nd lark "defect" and turn two hands with partner.
- B1 1-8 1s down the middle for 4 steps, face each other and set, lead up and cast off.
- B2 1-4 Circle L once round.
5-8 2s gate 1s up and around to progressed place.

Candles in the Dark

https://www.youtube.com/watch?v=k_UG_s9ktXE

Longways duple minor 3/4 Bm Loretta Holtz, 2006

- A1 Assisted ½ figure 8s, each starting R hand in R:
1st couple ½ figure 8 down;
1st lark & 2nd robin ½ figure 8 across.
- A2 2nd lark & 1st robin ½ figure 8 across,
2nd couple ½ figure 8 down through the 1s below,
(end with 2s above, taking inside hands and facing down)
- B Mirror back-to-back with neighbor, 2s down the center to begin, taking inner hands with partner when possible. Circle L once around.
Mirror back-to-back with neighbor, 1s up the center to begin.
All dance Right shoulder around partner 1½.

Joie de Vivre 3/4 L · J32

- 1-8 1s set, cast 1 place, 1s dance down between 3s & cast back to 2nd place on own sides
- 9-16 2s+1s+3s turn RH & chase 1/2 way round clockwise
- 17-24 3s+1s+2s dance DoSiDo, set & 1/2 turn partners RH for Allemande
- 25-32 3s+1s+2s dance Allemande

Miss Milligan's Strathspey 3/4L · S32

1-8 1s+2s circle 4H round to left, 1s face 2s NHJ with partners.
1s+2s set, 1s turning towards each other to face up, then 1s cast while
2s dance up & face out
9-16 2s+1s+3s dance reflection reels of 3 on own sides 1s dancing in
between 3s to start. All take hands where possible
17-24 2s+1s+3s set, 2s+1s 1/2 turn LH, 1s followed by 2s lead down
between 3s, cross & cast up on own sides
25-32 1s+2s dance the Knot

Flowers of Edinburgh 3/4L · R32

1– 1st Robin followed by 1st Lark casts off 2 places, 1st Robin crosses
below 3c and casts up Larks' side while 1st Lark dances up the middle,
both to P's place {6} | 1c set
9– 1c repeat with 1st Lark casting, finishing in original places
17– 1c lead down the middle and up
25– 1c+2c Poussette

Contra (TBD)

Waltz

----- Tea -----

Barbarini's Tambourine

<https://www.youtube.com/watch?v=NMxGhgvpYc>

Longways duple minor 2/4 D Walsh, 1745

A1 1st corners dance a figure 8 to end in each other's places: Cast
behind neighbor, pass L shoulders in the center, cast R around partner
into corner's place.

A2 2nd corners the same (mirror image): cast R behind partner, pass
R shoulders in the center, cast L around neighbor.

B1 Fall back, come forward, cross over passing R shoulder.

Neighbors back to back. Partners back to back.

B2 Rights & Lefts starting with Partner, 4 changes (4 steps per
side). Partners turn two hands.

The Homecoming

<https://www.youtube.com/watch?v=uTPKJPAip5A>

Longways duple minor, improper 9/8 Gm Gary Roodman, 1997

A1 1st lark cast off, followed by partner. Lark dances around 2s, while robin dances up between 2s. End in partner's place.

A2 2nd lark cast up, followed by partner. Lark dances CW around 1st robin, ending between the 1s while robin dances CW around 1st lark, ending at the left end of a line of 4, all facing up.

B1 Line of four lead up 3 steps, turn alone, fall back 3 steps (still moving up the set).

Lines of four lead down 6 steps, end facing neighbor.

B2 Half hey for 4, starting R shoulder to neighbor. Turn neighbor 2 hands $\frac{3}{4}$ to face out, (robins on the L).

C1 Lead out and back. Robins change places. Larks change places.

C2 Circle halfway. Partners turn 2 hands.

Peace Be With You

<https://www.youtube.com/watch?v=6W9dUKhb3eY>

Longways duple minor 2/2 Am Fried de Metz Herman, 1986

A1 1st corners set (not advancing), change places by the R shoulder; R hand star halfway; turn single L.

A2 2nd corners set (not advancing); change places by R shoulder; R hand star halfway; turn single L.

B1 Face partner for 2 changes of Right & Left (with hands); turn partner 2 hands $1\frac{1}{2}$ to end improper.

B2 Circle halfway; fall back slightly with neighbor; 1s gate up the center through 2s.

Roaring Jelly $\frac{3}{4}$ L · J32

1-8 1s cross RH, cast 1 place, cross RH & cast (Lark up & Robin down) into centre, Lark between 2s, Robin between 3s

9-16 1s+2s+3s circle 6H round & back (1s end in centre)

17-24 1s change places RH & dance out of ends to their right, into Figs of 8 (Robin round 2s as Lark dances round 3s)

25-32 1s dance reels of 3 on opposite sides giving RSh to 2nd corners & cross RH to places

Balmoral Strathspey 4/4L · S32

1-8 1s+2s & 3s+4s dance R&L

9-16 1s+2s & 3s+4s set & dance RH across 1/2 way, set & cross RH to own sides. 2 1 4 3

17-24 All dance reel of 4 on own sides, 2s end in 1st place on sides, Bar 24 1s+4s+3s all dance into centre towards partner ready for ...

25-32 1s+4s+3s (bottom 3 couples) dance Allemande (2s in top place stand)

The Reel of The Royal Scots 3/4L · R32

1-4 1s 1/2 turn 2s on sides (Larks RH - Robins LH) to 1s in centre BtoB facing out, 2s+1s+3s set,

5-8 1s 1/2 turn 3s on sides (Larks LH - Robins RH) to 3s in centre BtoB facing out & 2s+3s+1s set

9-16 1s followed by 3s dance up between 2s, cast down 1 place; 1s dance down between 3s & cast up to 2nd place, 3s loop into 3rd place

17-24 1s turn 1st corners RH, pass partner RSh turn 2nd corners RH & cross passing partner RSh to 2nd place own sides

25-32 2s+1s+3s circle 6H round & back

Waltz